

P5162

Dear USDA NOV 03 2006

I think the changes  
of adding different types  
of food to the WIC  
program is great. I  
look forward to the up  
coming change. Thank  
you

Sincerely  
Ms. Verita Paj

P5163

NOV 03 2008

Dear USDA,

I am writing to let you know  
that's a good idea to add fruits  
and vegetables. To the Wic Check.

Sincerely

Juanita

P 5164

NOV 03 2008

DEAR FRIENDS AT USDA,

I DO LIKE THE CHANGES FOR WIC.  
IT WOULD BE NICE TO GIVE THE OTHER  
TYPES OF FOOD FOR MY BABY.

THANK YOU,  
Alejandra Roman

p5165

NOV 03 2008

I think that the new addition to the WIC program is good.

Fresh fruits, and bread are things that we need in our diets.

X Marisa Almodvar

P 5168

NOV 03 2008

Thank you very much for adding on  
Fruits and VEG. this now my kids can  
have more healthy meals. this very  
good. That's almost all healthy meals.

Thank you  
Dine Key

P5167

NOV 03 2000

Dear Friends at the US Department  
of agriculture.

I do like the idea of the change  
of package on the food. I believe  
it will give us a healthier life style  
of food. Thank you.

Sincerely,

Denys Gomez

15168

NOV 03 2000

Dear ~~Friends~~ Friends

I think that ~~you~~ by adding fruits and vegetables in the wic is a good idea it will ~~help~~ help us when we eat

Thank you

Karina Terriquez

P 5169

NOV 06 2006

October 10, 2006

Patricia N. Daniels  
Director, Supplemental Food Programs Division  
Food and Nutrition Service  
USDA  
3101 Park Center Drive  
Room 528  
Alexandria, VA 22302

Docket ID Number: 0584-AD77-WIC Food Packages Rule

Dear Ms. Daniels:

I am writing to thank the USDA/FNS for trying to bring the new WIC food packages into coordination with the 2005 US Dietary Guidelines, other national nutrition guidance, along with the guidelines of the American Academy of Pediatrics.

The Food Package Proposed Rule is said to be offering the best, that I've heard of, changes to the food packages since the WIC Program began.

The rule's changes include adding fresh fruits and vegetables, whole grain cereals and other whole grains, soy milk, tofu and canned beans, which, I think, will provide a greater variety of nutrition in a lot of the foods, than the other foods in the now effective food packages which are offered to us WIC participants. These added foods will allow us to have a wider "taste" in this culturally diverse community.

WIC is said to be serving 8.2 million women infants and children, 2 of which are my son and I. In my community probably 100% of our children, under the age of 5, participate in WIC. A lot of our children are also at high risk, being that they are native, for developing diabetes and becoming obese at a young age, these new packages will allow us to teach our children that it is good to be healthy, and eat vegetables and fruits instead of the junk food that we often are lured into eating.

I strongly support the USDA's proposal to revise the WIC food packages and urge the USDA to finalize this rule as soon as possible.

Thank you for your consideration and taking time to read my letter.

Sincerely,

*Kileen J Coriz*

Kileen J Coriz

Mother of Justin Valentino Coriz  
WIC Participant

P5170

NOV - 6 2006

*[Handwritten signature]*

Ms. Patricia N. Daniels, Director  
Supplemental Food Programs Division  
Food and Nutrition Services  
U.S. Department of Agriculture  
3101 Park Center Drive, Room 528  
Alexandria, Virginia 22302

**RE: Comments on WIC Food Packages Proposed Rule,  
Docket ID Number 0584-AD77.**

Dear Ms. Daniels,

Thank you for the opportunity to provide comments on the USDA's proposed regulations that substantially revise the WIC Food Packages. I am pleased to support these long-awaited reforms. I commend the Department for proposing important changes to WIC that are consistent with the *2005 Dietary Guidelines for Americans* and align with the American Academy of Pediatrics infant feeding recommendations. I believe that, when implemented, they will greatly strengthen the WIC program's ability to improve the nutrition and health status of millions of families.

**1. Timely Implementation of Final Rule.** The WIC Community has waited for 32 years for these comprehensive science-based nutritional revisions. State WIC agencies and local providers are eager to get started on the planning and implementation issues involved with so many major changes to WIC foods. Therefore, I urge USDA to conduct its analysis of the comments on the Proposed Rule quickly and efficiently, and **publish a Final Rule by mid-2007 at the very latest**. WIC families should not have to wait any longer for better WIC foods!

**2. Fruits and Vegetables.** I strongly support providing 8.2 million WIC mothers and young children with cash-value vouchers to purchase fruits and vegetables, as recommended by the Institute of Medicine's (IOM) Report: "WIC Food Packages: Time for a Change." While the IOM recommended \$10/ and \$8/month vouchers, the proposed rule reduced this amount to \$8/ and \$6/month in order to achieve overall cost neutrality. I urge USDA to work with Congress to secure increased federal funding in future years to bring the cash value of these fruit and vegetable vouchers up to the IOM-recommended levels, and to keep pace with inflation. This will better assist WIC families to purchase and consume fruits or vegetables each day. **However, the proposed voucher levels are an excellent start and should be immediately implemented**

**3. Other Positive Changes Will Improve Dietary Intake.** I support the proposals to reduce the amount of certain foods (milk, cheese, eggs, and juice) in order to better align

WIC with current Dietary Guidelines and recommendations from the American Academy of Pediatrics. In particular:

- The proposal will provide stronger incentives for continued breastfeeding by providing less formula to partially breastfed infants and providing additional quantities/types of food for breastfeeding mothers. To further enhance the food package for fully breastfeeding women, I urge USDA to **raise the cash-value vouchers for fruits and vegetables to the original IOM-recommended amount of \$10 per month.**
- The proposal to **reduce juice and replace it with infant food at 6 months** will support recommendations by the American Academy of Pediatrics for introducing infants to fruits and vegetables at the appropriate age.
- The provision of **whole grain and soy options** will allow WIC to better serve California extremely diverse young families.
- The inclusion of **lower-fat milk and less cheese and eggs** supports adequate calcium intake, while at the same time lowering saturating fats and cholesterol in accordance with current dietary guidance. As recommended in the IOM report I would like to see yogurt as an option.

All of these proposed changes will strongly reinforce WIC nutrition education messages, as well as address the cultural food preferences among California's diverse population.

We look forward to working with USDA and the WIC Program to implement these excellent food package improvements over the next few years. These changes will be a major policy lever to improve community food security, address the obesity epidemic, and help low-income families make healthier food choices. Taken together, this regulatory proposal will ultimately have a positive impact on the health of women, infants and children in California.

Sincerely,

Deborah Mueller  
(W.I.C. Participant)

Concord, CA

11-2-06

P5171

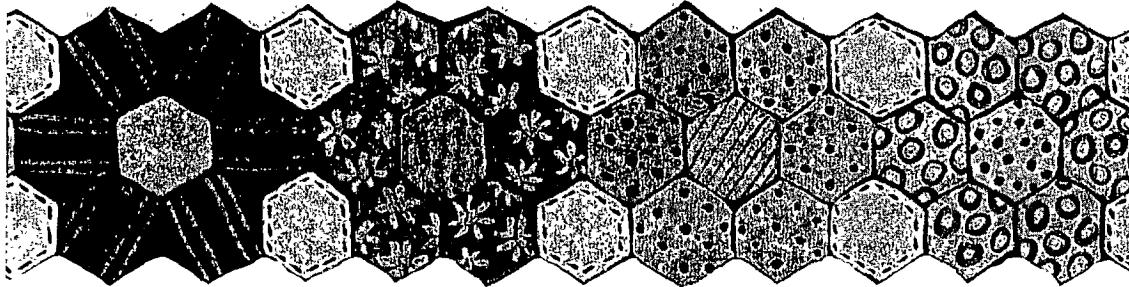
NOV 06 2006

November 5, 2006

Dear Patricia Daniels.

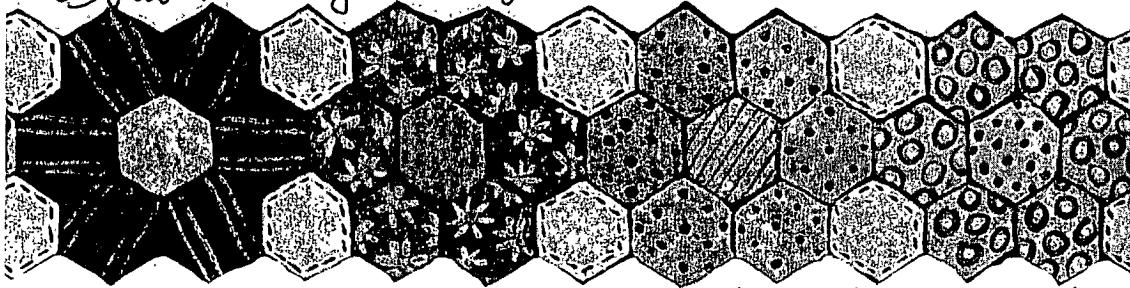
(P)

Hello my name is Amy Newton.  
My family just joined your program  
(WIC) this month. We were grateful  
to receive the help with food, however  
I felt the need to express how  
very important vegetables and fruits  
are to a young child & nursing  
mother. I am a diabetic<sup>II</sup> and have  
to eat very healthy. I also ~~try to~~  
feed my children with a diet rich  
in fruits & veggies (V), whole grain  
breads & cereals, yogurt (plain/vanilla), eggs,  
cheese, fish, beans & peanut butter, milk,  
and WATER! (No juice) I don't feel it is



necessary to give juice to young children. First it contains A LOT of sugar (even 100% juice). Second your body does NOT absorb the nutrients from juice like it would from fresh fruits. Third, children need to learn to drink and love water!!!

I thought if you did decide to add vegetables they should be frozen. Frozen vegetables hold all their nutrients, while fresh vegetables are more likely to spoil and loose nutrients if not eaten A.S.A.P. I also thought the fresh fruits should include Bananas <sup>①</sup> \* Apples <sup>②</sup> \* Oranges <sup>③</sup> for sure! They have the most nutritious value. Yogurt is great for digestion and whole grain bread would be great with the peanut butter. They need great grains! And last



FISH the omega 3 fats are so important for the body. I hope you ~~can~~ do your best, sincerely, Amy Neuman

P5172

October 2006

Dear Ms. Daniels,

OCT 24 2006

I am writing to tell you what I think about the proposal to change the WIC food package.

I have received WIC foods for 6 months and have appreciated the extra food for my family. I have reviewed the proposed changes in the food package and am impressed with the improved nutritional value and selection in food choices.

Please add my voice to those who support the change.

Sincerely yours,

[Signature]

P5173

10-12-06

OCT 19 2006

To whom it may concern at the USDA.

I am grateful that the fruits, vegetables have been added to the WIC program and that checks will be available for me & my children. I think this is a wonderful idea and appreciate it very much.

Sincerely

Sara Rios

570-521-8778

P 5174

OCT 19 2006

10.12.2006

us department of agriculture, f  
thank you for adding fruits and  
vegetables to WIC checks. this is  
a much healthier alternative to  
juice. what i like most is i will  
be able to give my family fresh  
products.

thank you for your time,

Michele Johnson  
WIC participant

P5175

10/3/04

OCT 19 2006

f

I am writing to tell you what I think about the proposal to change WIC Foods is a good idea because it gives more of a variety.

M. Michael

Dear friends at US Department of Agriculture P 5176 Oct 3-2006

To whom this letter may concern,  
thank you for adding fruits and veggies to the wic checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Jessica King

OCT 19 2006

Dear friends at US Department of Agriculture  
I support the change of fresh fruit and  
vegetables as to juice.

f

Sincerely

Clancy George  
10/3/06

OCT 19 2006

P 5178

10/3/06

OCT 19 2006

f

我好愿意加菜，水果，~~薯条~~，豆奶  
麦片，粗米，落奶，黑豆。

谢谢

(in order)

Thank you for adding Fruit + Vegetable  
Soy milk, Tofu, brown rice  
into WIC food package.

P5179

OCT 19 2006

10/3/06

DEAR U.S. DEPARTMENT OF AGRICULTURE,

f

THANK YOU FOR ADDING FRUITS AND VEGETABLES  
TO THE W.I.C. CHECKS.

THEY ARE EXPENSIVE THESE DAYS AND MY FAMILY  
LOVES TO EAT THEM.

I'M SO EXCITED TO START PREPARING  
HEALTHIER MEALS FOR MY FAMILY.

THANK YOU SO MUCH.

SINCERELY,

Brynn Gonzalez

BRYNN GONZALEZ

P5180

10/3/06

Dear US Department

OCT 19 2006

I Anita Irving would like to  
thank you for the changes you  
have made for WIC. I really appreciate  
what you have done now my daughter  
will benefit even more so thank much.

Anita Irving  
X Anita Irving

Dear USDA, P 5181

October 3, 2006

OCT 19 2006

Thank you for adding fruits  
and vegetables to the WIC program.  
I appreciate it a lot because my  
family really enjoy fruit and  
veggies. Now that we will receive  
fruits and veggies we should have  
a healthier <sup>and</sup> nutrition

Thanks a Bunch,  
Dakina Smith

8

P5182

Dear US DA,

OCT 19 2006

f

I am happy to see  
that you are finally  
going to add soy.  
And it is great that  
you would add some  
fresh fruit and vegetables  
That is very encouraging  
for more people who  
can't stomach milk.

Thank You  
Alicia Cost  
Alameda Ca 945

P 5/89  
Reina Hernandez would like to support  
the idea of WIC by offering fruits, vegetables,  
tortillas as part of the monthly voucher  
program.

Thank.

Ramona

10/4/06

OCT 19 2006

f

P5184  
Della L. Heester

OCT 19 2006

I would like the food change.

~~Anita~~

I would like the food change.

J

Dear Friends at US Department of Agriculture,

OCT 19 2016

P 5186

g

My name is Michelle Harris and I am a WIC participant  
I would love to have fruits and veggies to the wic check  
for not just my family but every one else's also the  
fruits and veggies has gotten really expensive to buy  
along with other foods I want to thank you for your  
time and understanding.

Sincerely,

Michelle Harris

(510) 832-3731

Please feel free to  
give me a call

WIC participant.

P5187

to USDA,

OCT 19 2006

f

I would really love and benefit from an addition of bread, fruits and vegetables for myself. Also, baby food would really help with the twins as it is very expensive to buy at the supermarket.

Since WIC has been at the head of healthy eating, supplementing families w/ more choices from the food pyramid, would really round out their program.

With two boys, I don't know what I would do without WIC.

Sincerely,

Nikita Foster

10/11/06

P 5188

OCT 19 2006

10/9/06

DEAR FRIENDS AT US DEPARTMENT OF  
AGRICULTURE,

f

THANK you FOR UPDATING FRUIT ADDRESSSES  
TO THE WIC CHECKS. MY FAMILY LOVES THEM,  
BUT IT HAS BEEN EXPENSIVE TO BUY THEM.  
Now I will BE ABLE TO MAKE THEM MORE  
FOR US.

Sincerely

Maryann Masto  
WIC Participant

P5189

OCT 19 2006

f

10/5/06

To whom it may concern:

My name is Mariah Davis. I am currently using WIC. I really love the idea of the new changes/ideas for the extra WIC Foods. I especially like the idea for adding fresh fruits & vegetables. The breads/tortillas are also a great plus. Please take my recommendation into consideration.

— Mariah Davis  
WIC customer

P 5190

10/9/06

OCT 19 2006

Dear Friends at US Department of Agriculture:

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Thank you so very much.

J

Anne L. Ammons

Dear Friends at U.S Department of Agriculture,  
P5191

OCT 19 2006

Thank You for adding fruits and veggies to the WIC Checks. My family loves to eat them, but it has been expensive to buy them.

Now I will be able to make healthier meals for my family and I.

Sincerely,

Valencia Colton

f

10/5/06

P 5192

10-5-06

OCT 19 2006

To whom it may concern:

I'm writing today to thank you for the change in the produce we can receive now. The fruits & veggies make a big difference in my shopping for my family.  
Thank You

Sophia Bayi

10/3/06 Tuesday p 5193

OCT 19 2006

Dear Friends at U.S. Department of  
Agriculture,

f

Thank you for adding fruits & vegetables to the WIC program. It is essential that we have fresh fruits & veggies because some months I can only afford to buy things I need not what I want. It can also be expensive. I would appreciate this being allowed in the WIC program. This would also benefit lots of young mothers provide nutrition by adding vegetables and fruits to the WIC vouchers.

Thanks again,  
Joslyn Brown  
Joslyn Brown  
815 Filbert St.  
Oakland Ca 94607  
Am. 510. 834. 8431  
Wk 510. 273. 6732

P 5194

OCT 19 2006

Dept of Agriculture

10/3/02

Dear Sirs:

P

We greatly appreciate that you have now included fruits and vegetables to WIC checks.

My child loves the fruits and vegetables! Now we can include more. Thank God!

Sincerely,

Jalene R

P 5195

October 3, 2006

OCT 19 2006

Dear friends at US Department of Agriculture.

Thanks a lot for adding fresh fruits and veggies to the WIC charts. My family enjoys them, but they can sometimes become very expensive to buy at times. Now that they are included I am able to make healthy eating habits that benefit me as well as my family.

Sincerely,

Sheila Brooks  
WIC Participant

J

P 5196

NOV 03 2006

10/3/06

Dear US Department of Agric

Thank you for the change. I do agree with the  
WIC cards. I hope you change.

Sincerely,

Diana Tiscarano.

P5197

NOV 03 2006

I would like to see  
More Food on WIC. May be  
Fruits & Vegt. or may be  
baby food.

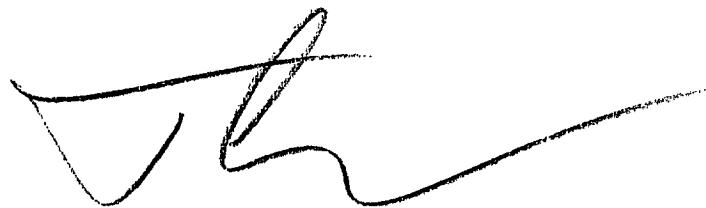
Than K Yoy,  
Lakesha Bailey

1644 w. 107st Apt #2  
Los Angeles C.A. 90047

p 5198

NOV 03 2006

I don't like To charge  
give the Sample.

A handwritten signature consisting of a stylized 'V' or 'A' shape followed by a long, sweeping horizontal line extending to the right.

P 5199

NOV 03 2006

I Laura Cerdla Mother of ~~a~~  
1 year old bay Miguel Lopez  
I like the new change.

Laura Cerdla

P 5200

NOV 03 2006

Dear Friends at US Department of Agriculture,

I will like to tell you what I do like new proposed

Maria Miller

P 5201

NOV 03 2008

I Maria Rivera like the change  
In the WIC Checks. I think  
that is a good Idea of having  
the change in the WIC checks. I  
think it is good to try other  
thing or different thing that are  
healthy for ourself and our  
children.

Maria Rivera

P5202

NOV 03 2008

Dear Department of U.S. Agriculture,

I would not like for the WIC program to change. I also would like to thank you for your cooperation in sending funds to the WIC program. Please take my opinion into consideration and do not change the WIC program.

Elizabeth Hernandez

5203

NOV 03 2006

USA

09/27/06

I am in support of the changes in the WIC grants.

Chrysene Neves

9617 Sorenson Blvd #1  
Inglewood CA 90305

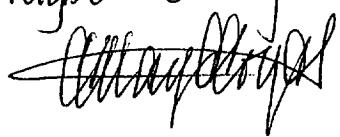
Chrysene

NOV 09 2006

10/27/06

To Whom It May Concern :

I agree to any future packages  
<sup>new</sup> that may be available to the toddlers  
and breastfeeding mothers.

— Maybellene Coyle  


P 5204

P 5205

NOV 03 2006

SEPT. 27, 2006

TO USDA,

I am all for the new proposal  
in 2007 for fruits and Vegetable. I think  
it's a good idea for options.

142 N. Inglewood Ave. #2  
Inglewood, CA 90302

Sincerely,  
Erika Bailey

USDA P 5206

Sept. 27. 2006

NOV 03 2008

To whom it may concern:

I am 100% support of adding fruits & vegetable's to all the WIC Offices for check vouchers to receive these greatly appreciated foods for our children as well as the mothers. Thanks so much.

Ms. La Tanya Robertson  
5519 Thornburn St.  
L.A. Ca. 90045

9/26/06

P5207  
LOVE

Dear USDA

I would appreciate the change of the  
new foods with the WIC checks

Cherill Oster

Dear USDA,

I think the change in the WIC  
Program will be great to help Mother  
buy food that is healthy and -  
Sometime too expensive to buy, I  
really hope it works out.

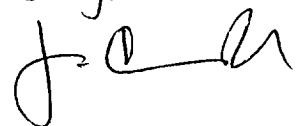
80pc

Thelena Henderson

To whom it may concern: USDA

I would like the change in WIC Foods. I believe the vegetables and brown rice are extremely important. Giving use more foods, and healthier choices that some families would not think of purchasing.

Signed,



Jessica Cooks

LOVED

P5210

NOV 03 2008

09-22-08

1000 Larch St APT#  
Inglewood CA 90301

Dear USDA

I Janice Barnes will like to have  
fruits and vegetables ~~add~~ to the WIC

Thank you

Janice Barnes

p. 5211

NOV 03 2006

September 09, 2006.

It will benefit our children if the US Department of Agriculture provide fruits and vegetables for our children development and nutrition.

I will really appreciate if this effect takes place

Thank you for reading my comments

Sincerely,

Hector

219 W. Queens +  
Ap # 3 Inglewood  
C.A 90301

P-5212

NOV 03 2006

I Agree with the 'Change' on 'the Voucher  
because I believe that it will benefit  
the family and help the children with  
more nutrition that they need.

Linda Herrera.

P5213

NOV 03 2006

I would to agree to change The WIC  
Program for The better

and Thank You for having me  
in The WIC

Sherri Bevans  
Plaintiff

P 5214

NOV 03 2006

Dear Friend @ USDA

I think is a great idea to add fruits and vegetable to the WIC program. I dont mind giving up a juice for healthier food. This will make it easier at home to encurige my kids to eat healthy.

Thank you  
Dulce Colojal

P5215

NOV 03 2006

I am writing to let you know that  
I am in support of the ERIC  
Charges that are being proposed.

Ellen J. G.

P 5216

NOV 03 2008

Dear U.S Department of Agriculture,

I would like to thank you for adding fruits and vegetables to our WIC checks.

My family enjoys eating them, but it's been expensive to buy them. Now I'll be able to cook healthier meals to my family.

Thank You.

Angela Gutierrez

Angela Gutierrez  
10925 Dalerose Ave.  
Lennox CA. 90304.

P5217

NOV 03 2008

Dear US Department

My Family would like to  
Thank you for adding Fruits &  
Vegetables to the wic checks.

It is very expensive to buy them  
Now we can eat more of them.

13616 Kornblum Apts  
Hawthorne 0490250

Your Friend  
Irene M. moral  
Irene M. Moral

P 5218

Nov 03 2008

9/21/06.

To Whom it may concern:

US Department of agriculture,

Thank you for adding fruits and vegetables in my WIC checks. It will be a good source of help.

America Ortega

America Ortega

4917 Lennox Blv  
Lennox, CA. 90304

P5219

NOV 03 2008

Dear

US Department of Agriculture

thank you for adding  
fruits and vegetables, my  
family enjoy eating and  
snacking on them. It  
really helps my family.

Adelina Dees

4818 W 131 ST

Hawthorne Ca

90250

310 673-1378

P 5220

NOV 03 2008

421-04

Dear friends at U.S. Department of Agriculture.

I am glad to see that you have made changes with wic foods. who every thought of that it was great, Keep up the good work.

Thank you.

Penell Blackmer

12701 Koenblum AVE #A  
Hermosa Beach CA 90280

310) 686-1820.

Dear Friends at US Department of  
Agriculture,

9-21-06

NOV 03 2006

P 5221

My Baby love fruits and I will love  
to have fruits and vegetables on my  
Check because I will love to have them  
thanks for everything.

Sincerely,

Andrea Minor

NOV 03 2008

9/21/08

It's about time that WIC finally decides  
to give fruit and vegetable vouchers out, ~~the~~.  
WIC should of done this a long time ago.  
Baby's in the past would be so much  
healthier.

Thank you!

1135 Finnona Ave.  
Lennox CA, 90304  
(310)412-1038.

Emreale

P 5223

NOV 03 2008

Dear Friends and Agriculture,

Thank you so much for adding fruits an Vegetable  
Checks My family enjoy them very much  
But was not able to buy them as often

Thank you.

Sincerely,

Meissa Gonzalez  
3835w. 104 street #8  
Inglewood, Ca 90303  
(310) 438-8903

---

P5224

NOV 03 2006

I think its a great idea including  
other foods to the WIC package ppt  
will have a variety of the food pyramid.

Thank you,

Kenneth Harrell

NOV 03 2006

Dear friends at US Department  
of Agriculture,

I am very interested in the new products  
you are considering.

Patricia Monk

P 5226

NOV 03 2006

To whom it may concern,

I think the new changes would  
be good!

Thank you

M. Ramey

P 5227

NOV 03 2006

Dear U.S.D.A

I think that what you guys are trying to give us is really a good idea. It helps more of what you guys provide us.

Thank you  
Sincerely Jesenia G.

P 5228

NOV 03 2008

October 4, 2008

Dear USPA

I like the change of adding fruits,  
vegetable, and bread to the WIC  
program. It would be a big help.

Sincerely,

Michelle Victoria

1903

NOV 03 2006

Dear Friends at US Dep. of Agriculture  
thank you for adding fruits and  
vegetables to the WIC checks.  
I like the change.

Soyata Day

P5230

NOV 03 2006

To the US Dept of Agriculture,

Please make the change on  
my wic Checks. It would help  
me with my children's nutrition.

Thank you,  
Dene Rose

P 5231

NOV 03 2006

Dear friends at the USPA,

All of these changes sound great, and they really seem to be beneficial to our families.

Thank you  
Megan Mull

P 5232

NOV 03 2008

Dear Friends of USDA

Thank you so very much  
for sending fruits & vegetables.  
Our children really need them.

I thank you.  
Sofia (wife)

NOV 0033 2006

NOV 03 2006

P5233

My name is. I can see  
Rodriguez and el do not  
like the extra changes  
See the file of program  
I would takeable  
the change if I want that  
extra changes

P 5234

NOV 03 2008

Scang tan

I don't want to change

P52 B5

NOV 03 2008

10.14.06

Dear Wie,

If fresh fruits, vegetables,  
whole grains + soy milk were  
added to the vouchers - I would  
completely take advantage of it.

Please consider adding these items  
to the vouchers.

Thank You,

Don Davis

P5230

Dear friends at the U.S.  
Department of Agriculture,

Nov - 3 2006.

I'm writing to tell you what  
I think about the proposal  
to change WIC foods.

Thank you for adding  
fruits and veggies to the WIC.  
My family and I will enjoy  
it.

What I like the most is  
that they are changing to more  
everyday food.

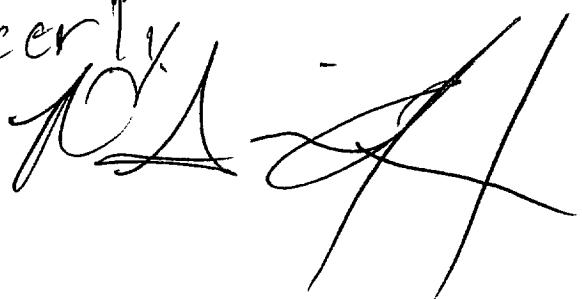
Michelle

p 5237

NOV 03 2006

To whom it may concern I,  
find the new idea of the USDA  
package would be a great idea. I  
find the food such as Tofu, and  
the soy beverages it offers would  
give WIC a better image. Me as  
a WIC associate I would be  
very greatful of the USDA package  
and everything it brings for the  
health of me and my baby.

Sincerely,



A handwritten signature consisting of the letters "PDH" followed by a stylized, flowing cursive line extending from the right side of the "H".

P5238

NOV 03 2008

10-17-06

Dear Friends at the US Department of Agriculture,

Thank you for adding the fruits and veggies to the Wic Checks. The fruits & veggies can be very expensive and I can't always make it to the Farmers Market. Now it will be easier to give my family veggies for dinner and fruits for snacks.

Thank You,  
The Bell Family  
Jaenna Bell

P5239

~~I like to get more~~

NOV 03 2008

I would like to get more formula and I like that  
you are adding fruits and breads.

Jay/Gah/Jay

P 5240

NOV 03 2008

Dear USDA,

I like the changes, on  
the WIC checks.

-Romona Kotz

NOV 03 2008

I realy like the idea of  
the fruits and rice and all  
the other stuff. It would be  
great for my family.

Eduardo

Dear Friends @ the US. Dept of  
Agriculture

During my class @ the WIC they  
mentioned the new changes. I  
totally agree with it. And it  
will be much healthier.

S. Albrecht

5243

NOV 03 2006



I like the changes in the  
WIC Program.

Thanks,

Maria Lopez

p5244

NOV 03 2008

Dear friends at the Dept. of  
agriculture

I like the changes.  
my family enjoys them.

Sincerely

Francine M. Jimenez

P 5245

NOV 03 2006

I like the changes.

100%  
100%

MD

P 5246

NOV 03 2006

DEar FRIEND at US DEPARTMENT OF Agriculture

Thankyou For adding fruit and vegetable To wic  
check. My family Love To eat them. now I be able  
To make healthy meal

Sincerely



P5247 Nov 03 2008

Thank you for adding fruits  
Vegetables to the wic checks.

Thank you  
again

Marie Guarey

P 5248

NOV - 3 2006

10/2/06

Dear Friends at U.S. Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family love to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Lorena Lampoy  
WIC Participant.

P 5249

NOV - 3 2006

Dear US Department of Agriculture,

I writing this to us that I think that it will be good to change the WIC foods. I will be thank for the changes in WIC to add fruits and vegetable to the WIC Checks thank very much.

Pristina Garcia

P 5250

Dear Friend at USDA,

NOV - 3 2006

I'm writing to ask you to please introduce the new foods to the WIC Program! I think this is a very wise and healthy decision to help WIC participants properly feed our families!

Thanks Again,

Taryn Shaw

WIC Participant

P5251

NOV - 3 2006

9/32/06  
Dear Friends at US Department of Agriculture,

Thank you very much on your nice idea on adding fruits and vegetables to all the office. My family and lots of other's have started eating eating them specially the children. Now day vegetables and fruits are very expensive to buy them. Now we will be able to eat more healthy meals.

Thank you,

Fred Smith

P5252

NOV - 3 2006

Dear Department of Agriculture.

I am writing to you to let  
you know that I like that  
and I think that's a good  
thing it would be better

Veronica Maldonado.

P5253

10/2/0

Dear friends at U.S Department of Agriculture.

NOV - 3 2006

I am writing to tell you what I think about the proposal to change WIC foods. Thank you for adding fruits and vegetables to the WIC checks. I will enjoy choosing fresh, healthier foods for my family.

However, I do believe that no changes are necessary. The selection you provide for us is good enough. Diabetes and over weight kids is not because of the selection you give us; it's the other food parents give their kids.

Sincerely,

Marylin Yip

P5254

NOV - 3 2006

Dear friends of US Department of Agriculture

Thank you for the check of WIC foods, they really had help me and I think that is better if you don't change them.

Thank You,

Maribel Cornejo

P5255  
ptember 22, 2006

NOV - 3 2006

Dear USDA -

The changes to the current WIC package (to include fruits and grains) is a great idea! Such items as these are hard to buy on my income. Thank you in advance for the initiation.

Jean S. Ritt

11402 S. Yukon Ave.  
Inglewood, CA 90303

P5256

9/21/2006

ATTN: USDA

NOV - 3 2006

AS A WIC PARTICIPANT I DO  
APPROVE OF THE NEEDED CHANGES  
IN VOUCHER PRODUCTS ADDING  
BROWN RICE, WHOLE WHEAT PRODUCTS  
SUCH AS BREAD, AND FRUITS +  
VEGETABLES. THIS CHANGE WILL  
BE APPRECIATED FOR THE NUTRITION  
OF OUR CHILDREN. THANK YOU!

Nichole Antawne

NICHOLE ANTAWNE

p5257

NOV - 3 2006

Dear Friends at US Department of Agriculture,

I love the changes you've made to the WIC Program. I would gladly exchange the extra milk and cheese for fruits and vegetables, brown rice, and oatmeal.

In the near future I hope you will consider making the tofu and soy milk available to everyone, not just prenatal and breastfeeding women.

With the changes, my children will have a more well rounded and nutritious diet. Sometimes it seemed that they were living on milk, cheese, eggs, and cereal. I say Bravo! for the changes.

Sincerely,

Susan Chin

WIC Participant

P5258

10/3/06

NOV - 3 2006

Dear friends at US Department of Agriculture

I am writing to tell you what I think about the proposal to change wic foods.

Thank you for adding fruits and vegetables to the wic checks. I ~~but~~ ~~also~~ would rather keep the wic checks as they are, without the new change.

Thank you for reading my comments,

Sincerely,

X Candice Rodriguez

WIC Participant

P5259

NOV - 3 2006

To USDA:

Sept. 27, 2006

I absolutely agree w/this proposal to add the new change. To include a voucher to purchase fresh fruits & veggies and I understand we will lose 1 juice. I think this is great.

I reside at:

624 Hardin Dr #4  
Inglewood, CA 90302

LaKeisha Buetner

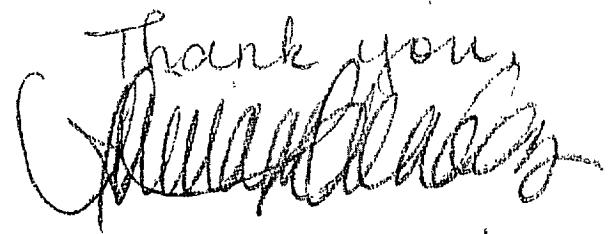


P5260

NOV - 3 2006

Dear Department of Agriculture,

I would like to express my sincere gratitude for the new changes being added to the WIC program. I love the items already being offered but feel the changes are needed and for the best. The fruits & vegetables will allow me to make even more healthier foods for my child on the way.

Thank you,  


Miriam Mendez

826 N. Eucalyptus Av.  
Inglewood, CA 90302

P 5261

NOV - 3 2006

Dear friends at US Department of Agriculture

I am writing to tell what I think.  
I would like for the WIC to  
stay the same. I Love the ~~\$~~ fruits  
and vegetables Checks. But the  
milk ~~check~~ should be the same.  
And I would love for you  
not to change <sup>the</sup> formula. ~~it~~

~~Yours sincerely~~

~~Priscilla~~

THANK YOU  
Priscilla Miranda

10/3/06

P 5262

10/02/06

NOV - 3 2006

Department of Agriculture,

I'm writing to let you that  
I agree ~~that~~ with the changes  
that you are doing.

Thank you.

Emeralde Fly

P526<sup>3</sup>  
Dear Friends at U.S. Department of  
Agriculture.

NOV - 3 2006

I am writing to tell you what I think.  
I don't agree for the fruit & vegetables  
because is very enough of what I get of  
the WIC checks. ~~if~~ of milk and other  
stuff. is good of the veggies & fruits.  
but not for mom's kids may \$00.  
could give juice of lower sugar  
and low-fat milk.

THANK YOU!

Elisa. Acina.

P5264  
Dear Department of Agriculture

NOV - 3 2016

I'm writing to tell you that i do not like the changes

Lisa Carriillo

P 5265

Attn: US Department of Agriculture

NOV - 3 2006

To whom concern I don't believe its  
good idea, I like way it is

Thank you  
Yours truly

Dear Friends at US Department Of Agriculture, P5265

Thank you for adding the fruits and vegetables  
I think it's a great idea and now they  
have healthier ~~cheaper~~ foods to choose from.

sincerely

Sandra Ramirez

WIC Participant

NOV - 3 2006

P 5267

NOV - 3 2006

10-3-2006

U.S Department of Agriculture.

I agree the change WIC wants to offer to families to be healthier. fruits, vegetables, wheat bread, tortillas are going to help my family become healthier. Thank you.

free Honey

P5d68

OCT 3 2006

Dear friends at US Department of Agriculture,

It would be a very good idea to add fruit and vegetables to our WIC ~~program~~ program. It would really give us ~~choice's~~ <sup>choice's</sup> instead of the same thing, because a lot of families just don't make enough money these days.

Thank You  
Gina Hale

NOV - 3 2006

p 5269

NOV - 3 2006

Dear Wic program thank you  
for adding baby food and vegetables to  
the wic checks I think that would  
really help my family to be healthy and eat  
healthy.

Cincerely Alicia Giron

p5270

NOV - 3 2006

Dear friends at U.S. Department of Agriculture.

I'm very happy that you decided to add to the wic program more fruit and vegetables, these will help the children to eat more saluclable.

Thank you.

Lorraine.

10-3-06,

P 5271

NOV - 3 2006

9-3-06

To whom it may concern

Thank you for adding these items to  
~~our~~ our checks it's a great idea. It would  
help out more. I think you should n't  
reduce the milk or the cheese. Adding  
baby food was a great idea.

Sincerely

J. Arroyo

---

Johanna Arroyo

P 5272

NOV - 3 2006

I think that's great about the changes because that's mostly what even one buy's at the market I would love those changes in the WIC COUPONS

thank you

Salina Zamora

NOV - 3 2006

Dear Friend at U.S.

Department of Agriculture

Thank you for sending Fresh  
& Vegetable to the we to the  
wee Chicks. My Family been  
to eat them, But it has Been  
Expensive to Buy them. Now I  
will Be able to Make Healthier Meal  
for us.

Nicole E. Hinojosa

p5274

NOV - 3 2006

To Whom it may Concern

I'm happy with my WIC food  
as it is, I do not want  
any changes to be made with  
my WIC Coupons

10-3-06

Thank you  
Alicia Leon

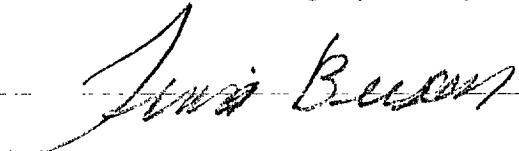
P 5275

NOV - 3 2006

Dear Friends at US Department of Agriculture  
Thank you for adding fruits and vegetable to  
the WIC checks. My family loves to eat  
them, but it has been expensive to buy  
them. Now I will be able to make  
healthier meals for us.

Sincerely

Trina Benson



9-26-06

P5276

Dear Friends at US Department of  
Agriculture, NOV - 3 2006

Thank you for adding fruits and vegetables  
to the wic checks. My family loves  
to eat them, but it has been expensive  
to buy them. Now I will be able to  
make healthier meals for us.

Sincerely,

Mubana Sayes  
5335 10th Ave  
Los Angeles, CA  
90043

P 5277

NOV - 3 2006

Dear USDA,

I would be interested in  
the change in WIC foods.

Thanks for adding fruits  
+ veggies to WIC Vouchers.

My granddaughter loves  
eating fruits and especially  
eating carrots.

We would appreciate  
the change.

Thanks,  
Crystal Muhammad  
3314 W. 79th St.  
Inglewood, CA  
90305

P 5278

NOV - 3 2006

9/26/06

I fill that it will be a wonderful thing to add fruits, Veggies' and wheat food it would really help lots of families including my family

Thank You Very Much.

Jesua Pineda Teresa Pineda

H.P.

14610 Lemoli Ave. #101  
Hawthorne, CA. 90250

p5279

Dear US Department of Agriculture

NOV - 3 2006

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy. now I will be able to make healthier meals for us.

Thank you

Sincerely,

Debbie Sanchez

924 E. BROTT ST.

Inglewood, CA

90302

p5280.

NOV - 3 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC foods.

I think that adding fruits and vegetables to the WIC checks is a great idea. I will enjoy buying fresh, healthier foods for my family.

What I like most about the proposal changes is that I will now have a better way of keeping my children healthier.

Thank you for reading my comments.

Sincerely,

Jade Cline  
814 W. 48th St., #4  
... Denver, CO 80037

P 5281

9/25/06

NOV - 3 2006

Dear USDA,

I deeply appreciate the change in foods to the WIC program. It will be very helpful to add certain items to the checks due to some people being unable to afford some items in order to keep their families happy and healthy. Thanks so much,

Natasha Harris

Natasha Harris.

P 5282

NOV - 3 2006

9/25/06

Dear U.S. Dept. of Agriculture,

Thank you for adding fruits  
and vegetables to the WIC checks.

My family loves to eat them but  
it has been expensive to buy them.

Now I will be able to make  
healthier meals for us.

Thank you,

Jackie Monts

P5283

NOV - 3 2006

10-2-06

Dear

Department of Agriculture

I am writing to tell you what I think about  
the proposal to change WIC foods

Thank you for adding fruits and vegetables  
to the WIC checks! I will enjoy choosing  
fresh, healthier foods for my family.

Thank you

M. C. Muller

P5284  
Dear friends at US Department of Agriculture  
Thank you for adding fruits and vegetables  
to the WIC checks. My family loves to eat  
them, but it has been too expensive to buy  
them. Now I will be able to make healthier  
meals ~~for~~ for us.

Sincerely  
Ida

NOV - 3 2006

P 5285

NOV - 3 2006

10/26/06

To: who it may concern.

Yes! I would like in my WIC coupons to have bananas vegetables bread, etc. My family loves to eat a lot of fruits and vegetables. All the people would be happy if we had all those things.

X Jean O. L.

P5286

NOV - 3 2006

10/3/06

Dear Friends at US Department  
of Agriculture

Thank you for adding fruit and vegetables  
to the WIC checks. But, I will  
really like everything to be the same.  
Everything is healthy and our kids  
are growing with healthy with all the  
items we are already getting. Please  
keep it the same way it is. We  
appreciate all the help and our gratitude  
to the department of Agriculture. Thank  
you very  
much

Rosette Sedano

P5287

NOV - 3 2006

Dear Friends at U.S. Dep. of Agriculture,

After considering the changes, I feel the changes may be a great idea due to the fact that there ~~is~~ <sup>would be a</sup> variety a greater variety of food for our children to eat on a consistent basis. Thank you for your time and for caring for our children.

Sincerely,



WIC Participant

P5288

NOV - 3 2006

10-3-

To whom it may concern (D of A)  
I Rita J. Murillo don't agree on your  
new Idea. My son Jose Kamlo Cuevas  
does eat all his wic produce & NO  
~~complain~~ also I have a 18yr old & 17 that  
they also where on wic & thor the Healthyst  
teen I know. I hope ~~my~~ opinion count's

yours truly  
Murillo, Rita

P5289

NOV - 3 2006

Theresa D.

I feel that is a change is very pleasing. Especially for having a variety of changes now a days our children ~~are~~ getting very picky and all they want ~~is~~ is to eat fatning foods. Making a change will help in our kids eating habits. This is an excellent change.

Sincerely,  
Anu Gucke  
Anu Gucke

P 5290

NOV - 3 2006

105/06

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC Checks. My family loves to eat them, but it was expensive to buy them. Now I will be able to make healthier meals for us.

But I would really like for the checks to stay the same amount. Because instead of getting 3 or 5 milks I'm going to be getting less. I don't agree on this.

Sincerely,

  
Jeanette Cordero  
WIC Participant

P5291

NOV - 3 2006

TO: Department of agriculture

Thank you for the opportunity of making changes in the checks of wic, we ~~would~~ do like changes in fruits and vegetables, for our family are better and healthy.

Dina Lopy  
Sincerely,

P 5292

9/28/04

NOV - 3 2006

Dear Friends @ US Dept of Agriculture

I am writing to tell you what I think  
about the proposal to change WIC food,

Fresh

Fruit & Vegetable are wonderful. I would  
like to see soy milk as an option  
for children.

Thank you for the wonderful service &  
very courteous & helpful representatives  
@ the Echo park location.

Sincerely

Mary Saenz

R 5293

Dear Friends at US Department of Agriculture,

NOV - 3 2006

Thank you for adding fruits and vegetable to the WIC program. It is so much healthier. My family enjoys eating them, but they are to expensive in the stores. Now I will be able to make healthier meals for my family.

Sincerely,

Cheyle Isidoro

CB421503016

P5294

10/5/06

NOV - 3 2006

Dear Friends at US Department of  
Agriculture.

Thank you for adding fruits and  
vegetables to the WIC checks.  
My family love to eat them but  
it has been expensive to buy them.  
Now I will be able to make healthier  
meals for us.

Sincerely

Rosie Rigs

P 5295

NOV - 3 2006

Dear Friends @ US Department of Agriculture,  
Thank you for adding fruits & vegetables  
to the WIC checks. My family loves to eat  
them, but it has been expensive to buy  
them. Now I will be able to make healthier  
meals for us.

Sincerely,

Olivia Palmer

I love the idea of baby jar food  
of veggies & fruits being added to the  
checks!

P 5296

NOV - 3 2006

Yes, I really like the changes. Breast, Baby food, & fruit is really important. People who can't afford it will be glad what you can give us more for our children.

Dathy Escobedo

P5291

NOV - 3 2006

Dear friends at US Department of Agriculture,

Thank you for adding fruits and vegetables, also wheat products are healthy and delicious.

I think these changes will benefit mothers and children.

Sincerely

Diosdene Gallardo

P 5298

10-506

NOV - 3 2006

DEAR FRIENDS AT US DEPARTMENT OF  
AGRICULTURE.

I AM WRITING TO TELL YOU WHAT I THINK  
ABOUT THE PROPOSAL TO CHANGE WIC FOODS

THANK YOU FOR ADDING FRUITS AND VEGETABLES  
TO THE WIC CHECKS! I WILL ENJOY CHOOSING  
FRESH HEAHTIER FOODS FOR MY FAMILY.  
WHAT I LIKE MOST ABOUT THE PROPOSED  
CHANGES IS THE FRUITS

THANK YOU FOR READING MY COMMENTS  
Sincerely,

Conception Valos

P 5299

NOV - 3 2006

Thank you for adding fruits and vegetables to the WIC Checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Lili Li

10/5/06.

P 5300

NOV - 3 2006

I Think you have to work on some of  
The case <sup>with formula</sup> <sup>keeping</sup> is not ~~the~~ plany for  
The babys They need more ~~the~~ formula per  
month To buy It, some famyls don't ha  
The money To buy It.

like me' I buy 3 can a month  
every month, Thank you

Sensly Antonio Leal

P 5301

NOV - 3 2006

Dear Friends at US Department  
of Agriculture,

I am writing this letter to let you know that I am glad that you are making changes I really like that ~~because~~ you are going to add more stuff like fruit and bread. I don't have nothing to say about I I do agree to those thing that are going to be added to the WIC program.

Ad: 6: 2

thank you

Teresa Aguirre

P 5302

NOV - 3 2006

10-9-06

Dear Department of Agriculture,

I really don't like the changes you're trying to make because the items we eat more, <sup>currently</sup> are getting reduced and we are getting new coupons for items that we don't consume.

Jessica Rainey

P5303

Dear friends at US Department of  
Agriculture

NOV - 3 2006

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them but it has been expensive to buy them.

Now I will be able to make healthier meals for us.

Sincerely,

Patricia Miranda

P 5304

NOV - 3 2006

Dear friends at US Department  
of Agriculture.

Thank you for adding fruits &  
Vegetables. to the ~~the~~ Wic Checks.  
my family loves to eat them,  
but it has been expensive to  
buy them. Now i will be able to  
make healthier meals for us.

Sincerely,

Tiffani Hargan

P 5305

NOV - 3 2006

Dear Friends at US Department  
of Agriculture.

I am glad that you  
are adding fruits and  
vegetables to our WIC check  
because fruits and vegetables  
are good for our family. and  
Thank You,

Sincerely,  
Epifania Secundino

P 5306

NOV - 3 2006

10-9-a

Dear, Friends at US Department

I thank you guys for making healthy choices for us I would love my Son to learn how to stay healthy By giving him fruit and vegetables thank you for thinking about us

Sincerely,

Lynn T.D.

P 5307

NOV - 3 2006

10/6/06

To whom it may concern

I think the WIC should increase the cans of baby milk and milk they give  
thank you.

Monica Gumatach

P 5308

NOV - 3 2006

10/9/06

Dear US Department of Agriculture,

I totally disagree with the proposition. I think milk and juice is was more expensive than your \$6.00 to 8.00 dollar check. Also cereal should be healthy but tasty for children. So I dont agree. I dont think this should be done.

Sincerely  
Maria Hernandez

P 5309

NOV - 3 2006

10-5-D

Dear Friends at Wic,

Thank you for adding fruits, veg  
& bread to our choices of food.  
Just what my family & I needed.

Good idea! Keep up the good work

Sincerely, LaGrange

P 5310  
Dear Friends at US Department of Agriculture, 9/22/06

It would be great if you could add fruits and vegetables to the WIC checks. They are expensive for obvious reasons and eating more of them would increase our number of healthy meals.

NOV - 3 2006

Sincerely,

Travis MacDonald

P 5311

Dear B.S.D.

NOV - 3 2006

You guys should give the people  
that get WIC rice and things that  
you guys don't give away.  
That will be good for the women  
that come here. And there  
family's. Thank you.

Caterina Ramirez

P 5312

NOV - 3 2006

10-4-06

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks.

My family loves to eat them, but it is expensive to buy them. Now I am able to make healthier meals for us.

Thank you,

Erika Kilpatrick



15714 Sayler Ave.

Lawndale, CA 90260

\* FROM: Karina Ramirez 9.22.06  
P 5313

NOV - 3 2006

THIS LETTER IS FOR USDA

Well by changing these items

~~sounds~~

~~sounds~~ real good and I am

looking forward to giving and

feeding my baby rice and other  
good things like that.

Apn: Karina Ramirez

Karina RAMIREZ

p 5314

NOV - 3 2006

Dear Agriculture

Thank you For adding Fruits and  
Vegetables to the Wic checks. My Family loves to  
eat them, but it has been expensive to buy them.

Now I will be able to make healthier meals For us

sincerely Marlene Charon.

P 5315

NOV - 3 2006

Oct 2, 06

Dear friends at US Department of Agriculture,

*Handwritten note:* I am writing to tell you what I think about the proposal to change WIC foods.

*Handwritten note:* oct 2, 06  
Thank you for adding fruits and vegetables to the WIC checks!! I will enjoy choosing fresh, healthier foods for my family.

Thank you for reading my comments. Sincerely

Lorena Ayala

P 5310

NOV - 3 2006

Dear friends U.S. Department of Agriculture,

Thank you for adding fruits and vegetables to the wic checks. My family loves to eat them, but it has been expensive to buy. Now I will be able to make healthier meals for all of us.

Sincerely  
Claudia

NOV - 3 2006 P5317

9/28/06

I would like to have fruits and vegetables  
for my child. It would help us out in our  
family. Its very expensive to buy food now days  
and WIC has help us out lot.

Thank You  
Yvonne Spencer

2806 McBain

Redondo Beach, Ca 90278

P5318

Tiffanie John

NOV 7 3 2006

9-28-06

Dear friends at US Department  
of Agriculture.

I will love for you to add fruits  
and vegetable my baby love  
to eat her BABY food that you  
give me.. an thank you for the  
healthier food.

Tiffanie Johnson  
2418 Atlantic Av #2<sup>nd</sup>  
Long Beach CA 90806.  
562-424-2985.

P5319

10/21/06

NOV - 3 2006

Dear US Department of  
Agriculture,

Thank you for adding fruits and vegetables to the WIC Checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Regina Becerra  
4856 W. 129<sup>th</sup> ST  
Hawthorne Ca 90250

P5320

Oct. 2, 2006

NOV - 3 2006

Dear friends at US Department of  
agriculture,

I want to thank you for adding fruits &  
vegetables to the WIC program. I know  
my family will be eating alot healthier.

Thank you,

Dora Abaga

4119 W. 135<sup>th</sup> #C

Hawthorne CA 90250

P 5321

NOV - 3 2006

Dear Friends at US Department  
of Agriculture,

I am writing to tell you what I  
think about the proposal to  
Change wic Foods.

Thank you for adding fruits  
and vegetables to the wic checks!  
I will enjoy my family.

Thank you for reading my comment

Navarrete Cecilia

14007 Cerise AVE #203  
Hawthorne CA  
90250

P 5322

Sr.

Dear friends,

NOV - 3 2006

Us department of Agriculture, thank you for adding fruits & vegetables to the WIC checks. my family love to eat them, but it has been expensive to buy them. now I will be able to make healthier meals for us.

Sincerely  
Princess Villanueva  
13102 Kernbeam Ave.  
Hawthorne, Ca. 90250

P.5323  
Nancy Ramirez

NOV - 3 2006

I think it would be great  
to get more healthy foods for the  
kids. and that's why I'm writing  
in because it would help out  
a lot thanks.

4619 1/2 W 173<sup>rd</sup> ST  
Lawn Dale CO 80260

Dear Friends at US Department of Agriculture, P 532 410-12-06

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them but has been too expensive to purchase them. Now I'll be able to make healthier meals for us.

Sincerely,

Elsia Islas

18209 Burin Ave.  
Redondo Beach, CA  
90278

NOV - 3 2006

P 5325

Oct. 4, 2006

NOV - 3 2006

Dear friends at Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. I myself and my unborn child would love to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

A handwritten signature in black ink that reads "Dorothy Yack". The signature is fluid and cursive, with "Dorothy" on top and "Yack" below it, both starting with a capital letter.

P5326

NOV - 3 2006

Oct. 04, 06

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks.

My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Arlene Villagomez

Arlene Villagomez

WIC participant.

p5327

OCT 19, 2006

NOV - 3 2006

Dear Friends at US Department of Agriculture,

I am writing to tell you what I think about the proposal to change WIC Foods.

Thank you for adding fruit and vegetables to the WIC Checks! I will enjoy choosing fresh, healthier foods for my family.

What I like most about the proposed changes are the brown rice and soy products.

Thank you for reading my comments.

Sincerely,

Sandra Lw  
Sandra Lw

15223 Casimir Ave  
Gardena, CA 90249

Dear US Department of P5328

Sept. 4 2006

NOV - 3 2006

I would like more selections added because this is the only assistance that I receive. It is hard trying to make what I get from WIC ~~stretch~~ stretch the little that I get have to go along ways. More items in ~~the~~ selection will benefit the mothers in the end.

Thank you

Patricia M

Patricia Morrison

1328 Washington

VA CA 0024

523-890-7832

P 5329

NOV - 3 2006

9/21/06

I, would like for wic  
to add more nutritionists foods  
to the program. It would  
be helpful to our expenses  
and great for a breastfeeding  
mother as myself.

Arfresa Crowder  
A. Crowder

P 5330

NOV - 3 2006

9/25/06

Dear Friends at U.S. Department of  
Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Antia Holland

10/5/02

P 533 |

NOV - 3 2006

Mrs. Natalie Vindel Coleman  
1238 E. 100th St.  
Los Angeles, CA 90002

Dear Friends at the US Department of Agriculture.

I would like to express my gratitude for adding fruits and vegetables to the WIC checks. My family & I love to eat them, but it has been expensive at times. Now, because of your generosity I will be able to provide healthier meals and snacks for my family.

Sincerely,  
the Coleman family

~~RECD~~

NOV - 3 2006

P 5332

10/15/06

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Christine Pereira

WIC Participant

21109 Reynolds Dr. Apt T  
Torrance, CA, 90503

P 5333

NOV - 3 2006

To whom it may concern...

I am writing because we discussed the different variety of things you guys are offering at the wic site. Adding fruits and vegetable, whole grain rice and bread is a wonderful idea, I would love to receive these items, It is very healthy along with the regular food items we receive, the change or the idea is better, Please make them available as soon as possible.

Juan Arceo

401 W. 47<sup>th</sup> st #5  
Lawndale Ca 90260

(310) 833.9376

11.10.06

P 5334

NOV - 3 2006

Queridos Amigos del Dep. de Agricultura  
de los E.U.

Muchas gracias por añadir las verduras.  
las frutas. Para ~~el~~ los cheques de WIC Foods  
A mi familia les encantan pero ha sido caro  
comprárlas. Ahora podré prepararles  
comida más sana!

Atentamente

Mary Lee

W.L.

P5335

10-18-06

NOV - 3 2006

DEAR FRIENDS AT US DEPARTMENT OF  
AGRICULTURE,

I AM WRITING TO TELL YOU WHAT I THINK ABOUT  
THE PROPOSAL TO CHANGE WIC FOODS.

THANK YOU FOR ADDING FRUITS AND VEGETABLES  
TO THE WIC CHECKS. I WILL ENJOY CHOOSING  
FRESH, HEALTHIER FOODS FOR MY FAMILY.

WHAT I LIKE MOST ABOUT THE PROPOSED  
CHANGES IS THE VITAMIN AND VEGETABLES.

THANK YOU FOR READING MY COMMENTS  
SINCERELY,

MELIDA MARTINEZ

3431 1/2 W 113ST.

INGLWOOD CA 90303.

P5336

9-21-06

Dear Friends at US dept. of Agriculture,

NOV - 3 2006

I am writing to tell you what I think about the proposal to change WIC foods.

Thank you for adding fruits and vegetables to the WIC program. I would enjoy choosing fresh, healthier foods for my family.

Thank you,  
Quintia Lepk

P5337

NOV - 3 2006

Dear USDA,

As a Wic member I would like to receive the new products that can be offered. I would like the brown rice, tortillas & fruits & vegetables. So, yes I would like the change.

p5338

NOV - 3 2008

Dear Department of agriculture

I do thank you for the help that we get. even though I do think it would be a great idea for you guys to change the items that we get I think its a good idea to give fruits & vegetables for our kids. Thank you -

X  
Monica Masino.

p5339

NOV - 3 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks!  
I will enjoy choosing fresh, healthier foods for my family.

God Bless ▷  
Anna-Jean Jones

Thank you for reading my comments.

Anna-Jean Jones

P 5840

NOV - 3 2006

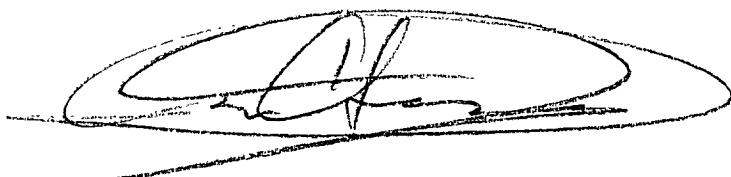
DENR: FRIENDS AT US DEPARTMENT OF AGRICULTURE -

I AM WRITING TO TELL YOU WHAT I THINK  
ABOUT THE PROPOSAL TO CHANGE WIC FOODS

THANK YOU FOR ADDING FRUITS & VEGETABLES  
TO THE WIC CHECKS! I WILL ENJOY CHOOSING FRESH,  
HEALTHIER FOODS FOR MY FAMILY.

WHAT I LIKE MOST ABOUT THE PROPOSED  
CHANGES IS THE NEW THINGS YOU'VE ADDED TO  
THE WIC PROGRAM.

THANK YOU FOR READING MY COMMENTS  
SINCERELY,



P5341

NOV - 3 2006

10-05-06

Dear Friends at the US Department  
of Agriculture,

My family and I would very  
much like for fruits and vegetables  
to be added to the list of  
items. I would save a lot  
of money too. Thank you.

Sincerely,

Chayelle Willott

p 5342

NOV - 3 2006

Dear Friends at US Department of Agriculture

I agree with the addition of fruits and vegetables. This would help me to have healthy foods at home all the time. I would thank you so much for this addition. Thank you!

Sincerely,

Imeleta Olide

P5343

10-3-06

Dear Friends at U.S. Dept. of Agriculture,  
NOV - 3 2006

I am writing to tell you what I think about the proposal to change WIC Foods. I believe it is a good idea to add fruits and vegetables to choose from.

Other suggestions could be to have classes with <sup>quick &</sup> easy recipe on how to give to children.

Meats and cheeses are usually most expensive and would be a good thing to add as well a vegetables.

Thank you for reading my comment  
Sincerely,

U.S. Participant,

P 5344

NOV - 3 2006

Dear Friends at US Department  
of Agriculture,

Thank you for adding fruits  
and vegetables to the WIC  
program. I think it's a  
great idea. Sincerely

From a  
WIC participant

P 5345

10-4-06

To Whom it May Concern, NOV - 3 2006

I think it is a good idea to change food a little, but I personally don't like tofu, Brown rice, or soy milk. Instead of cheese eggs or milk.

Thank you,

Monique  
Gonzalez

P 5346

NOV - 3 2006

October 4, 2006

Dear Friends of the US Department of Agriculture,

I think that the food that are going to be added will be great because we really enjoy those ~~food, and~~ fruit, and healthy food. Even though we get the other ones ~~is~~ only one. So Thank you so much!

~

sincerely,

Tracy Li

P5347

NOV - 3 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks! I will enjoy choosing fresh healthier foods for my family.

What I like most about the proposed change is

I like some Seafood or just the fish for my

Son.

Thank you for reading my comments,

Sincerely;



XIAO-TING Zhong

P5348

NOV - 3 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruit and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be to make healthier meals for us.

Sincerely

Soledad Aguilar  
WIC Participant

P 5349

NOV - 3 2006

October 4, 2006

Dear friend at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now, I will be able to make healthier meals for us.

Sincerely,

Rebeca Fandino

P5350

NOV - 3 2006

Dear Friends at US Department of Agriculture

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Moeuf J.

P5351

NOV - 3 2006

Dear Department of Agriculture of the  
United States.

Thank you for adding fruits and vegetables  
to the new W.T.C. Vouchers. I personally  
think that it is a good ~~idea~~ change -

Now we can prepare healthier foods  
for our families.

Sincerely  
Guelben Lopez

P5352

NOV - 3 2006

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and vegetables to the WIC checks. My family loves to eat them but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Vanessa Pena

P 5353

To whom it may concern:

NOV - 3 2006

Yes I would like the change in the  
WIC coupons. It would really help to  
get fruit and bread.

Michelle Espaya

p 5354

I really like the  
idea of the change

Jennett R

NOV - 3 2006

P 5355

NOV - 3 2006

Thank you for adding Fruits &  
Vegetables to the wic my family  
love to eat them .

Thank you  
Marlene Tostado

p5356

NOV - 3 2006

Thank you for adding  
vegetables and fruit and  
other change on the WIC  
check. I agree with  
the proposal.

Thank you

Sue G  
Lourdes Sato

P5357

Dear Friends at US Department of  
Agriculture,

NOV - 3 2006

Thank you for adding Fruits and Vegetables to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Sonya Garcia

18119 Bailey Dr.

Torrance CA 90504

P 5358

Marguerite Rabb  
12518 Birch Ave #A  
Hawthorne, CA 90250

NOV - 3 2006

To whom it may concern,

I'm writing to you as a mother of a two year old who's finances are sometimes tight. I would find it greatly helpful if WIC was able to provide extra coupons for fruits and vegetables. I would like to feed my <sup>mid</sup> more healthy meals and snacks, but it cost more to eat healthy. Fruits and vegetables can sometimes be <sup>more</sup> expensive than a bag of cookies and chips. I would greatly appreciate the extra help. Thank you so much.

Sincerely,

Marguerite Rabb

P5359

NOV - 3 2006.

Dear US Department of Agriculture,

I am writing with regards of the WIC proposal to include more food items to ~~the~~<sup>their</sup> list. A woman's body before and after child birth must be well balanced. By adding more nutritive items will greatly decrease the risk of malnutrition in the home.

Thank you for your time

Sincerely,



Joanna Reys

P 5360

NOV - 3 2006

Dear friends at US Department of Agriculture

Thank you for the changes to the WIC checks. I will be able to make healthier meals for my family

-----  
Thank You  
Michelle Roals